

# PARENTING MATTERS THIRD THURSDAY

A series of **FREE MONTHLY SEMINARS** on topics related to **EXCEPTIONAL PARENTING**

Mark your Calendars for the **3<sup>rd</sup> Thursday of each month, October through May.**

Seminars will be held at..

**Early Learning Matters** located at 1400 NE 48<sup>th</sup> Ave, Suite 108, Hillsboro, OR 97124

**Forest Hills Lutheran School** located at 4221 SW Golf Course Rd, Cornelius, OR 97113

**Invite your friends! All are welcome! (No childcare) Topics are appropriate for Parents with Children at any Age!**

**Kandy Dicken, B.S. MAT**, is the owner and director of Early Learning Matters in Hillsboro, OR. Kandy holds a Masters Degree in Teaching and is currently certified in grades K-8. She has been a provider of educational services in public and private settings since 1997. She serves as the Director of the Preschool/Kindergarten program, provides cognitive assessments, consultation services, and learning therapy to students of all ages. Kandy is a licensed Kindermusik instructor, Interactive Metronome provider, and facilitator for Franklin Covey's Signature Program and Seven Habits of Highly Effective Teens. She has worked with schools and community organizations, providing training in areas related to Brain-Based Education, Leadership, and Learning.

## The Leader in Me

**Thursday, October 21<sup>st</sup>**

**Forest Hills Lutheran School 1:45 to 2:45 pm • Early Learning Matters 6:30-7:30 pm**

Learn how *The Leader in Me* program is producing improved results year after year, benefiting schools and students in the following ways:

- Develops students who have the skills and self-confidence to succeed as leaders in the 21st century
- Decreases discipline referrals
- Teaches and develops character and leadership through existing core curriculum
- Improves academic achievement
- Raises levels of accountability and engagement among both parents and staff

The Leader in me process is built on proven principle-based leadership skills found in Dr. Stephen R. Covey's best-selling book, The 7 Habits of Highly Effective People. This seminar is appropriate for all parents, regardless of your child's age or school environment.

## Three Steps to More Proactive Children

**Thursday, November 18<sup>th</sup>**

**Forest Hills Lutheran School 1:45 to 2:45 pm • Early Learning Matters 6:30-7:30 pm**

What does it mean to 'Be Proactive'? Proactive children take personal responsibility for their actions and have a 'can-do' attitude. Being proactive is necessary prior to mastery of the other 6 Habits found in Steven Covey's book The Seven Habits of Highly Effective People. Join us to learn about the three steps to proactivity and to gain practical ideas for home.

- Pause and make decisions based on principles. This is easier said than done, but this skill can be fostered from a very young age
- Focus on your 'circle of influence' rather than your 'circle of concern'
- Use proactive language

Being proactive is a necessary skill for success in academics and relationships. You don't want to miss this!

## Your Child's Strengths: Discover Them, Develop Them, Use Them

**Thursday, December 16<sup>th</sup>**

**Forest Hills Lutheran School 1:45 to 2:45 pm • Early Learning Matters 6:30-7:30 pm**

Our current culture is focused on identifying and "fixing" kids' weaknesses to improve academic performance. Join us to learn more about the effects of this flawed paradigm and how focusing on strengths can achieve dramatic results at home and at school.

- Understand the current trend in our culture and it's impact
- Learn the benefits of 'strengths-based' education and parenting
- Preview available resources for use at home
- Hear from children who are on a journey to discover their strengths and what they have learned

Based on the book, Your Child's Strengths: Discover Them, Develop Them, Use Them by Jenifer Fox and Resources from Gallup, the creators of StrengthFinder®.

**For more information and/or to RSVP contact**

**Kandy at 503-648-8917 or [kandy@strongthinkers.com](mailto:kandy@strongthinkers.com)**

**Join Early Learning Matters mailing list at [www.strongthinkers.com](http://www.strongthinkers.com)** and stay informed of updates and class schedules.

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